

Typical Year Outline Calendar Plan

		Sep	Oct	Nov	Dec	Jan	Feb	Mar	April	May	June	July	Aug
Preset Calendar					Dis LC			GB Trials		Dis Yth	Dis AG	Nat LC	Nat AG Yth GB SC
								COUNTIES					
Level 1			GB Trials					Normally meets will not be Licensed during the County period but this will be subject to local agreement and considerations					
			National LC						Nat LC	Nat LC			
		Nat Age Group/Youth					Nat AG Youth & Snr		Nat AG Yth Snr				
Level 2		District LC							Dist LC	Dist LC			
		District Youth											
		District AG							District AG				
Level 3		County level									County level		
		Club level					Club level					Club level	

1. The blocks at each of the levels indicate window
2. Areas which have been left free of competition provide opportunities for periods of intensive training
3. The blocks at Level 3 indicate times in the swimming year where there is a need to provide opportunity for swimmers below ability.
4. It is the responsibility of the coaching community to aid and influence the provision AND timing of Level 3 meets that training cycle requirements